



**La Rocca XC**  
 École de vélo de montagne  
 Mountain Bike School  
 EST. 1997

*Feel the energy!*

## FIND YOUR FOCUS & FLOW

Four play parks | 25 km technical single tracks  
 Challenging features to master your fears

## COACHING FEES

with certified PNCE & PMBIA coaches

Does not include GST & QST

*Two bookings per day: 9:30 to Noon and 1:00 to 3:30*

### PRIVATE COACHING

+ \$ 10 trail pass  
 \$150 (2.5 hours intensive)  
 Customized for your needs

### GROUP or FAMILY

+ \$ 10 trail pass (maximum 8)  
 Full morning or full afternoon (2.5 hours)

1 <sup>st</sup> rider	2 <sup>nd</sup> rider	3 <sup>rd</sup> rider	4 <sup>th</sup> rider	5 <sup>th</sup> rider	6 <sup>th</sup> rider	7 <sup>th</sup> rider	8 <sup>th</sup> rider
\$85	\$75	\$65	\$55	\$45	\$35	\$25	\$15

The total is then divided by the number of students  
 A variety in ability level may require a 2<sup>nd</sup> coach

## BOOK A SESSION TODAY!

819.456.2786 | [creativewheel@bell.net](mailto:creativewheel@bell.net)

**EDUCATION | CONSERVATION | RECREATION**

100% of all proceeds go towards the sustainability of the Amik Forest Project

